

Beckham

VILLAGES EAST & WEST
Bulletin

ISSUE 8, SPRING 2018

Defibrillator Awareness Training Session



Bodham
& Beckham
Village Hall

**Thursday
5th April
7.00pm**

**Refreshment
provided**



Solar Community Fund update & Dates for your Diary

www.eastandwestbeckham.org



As you know, one of the purchases requested by the residents and the SCFC were asked to organise, was a Defibrillator.

Now, two portable Defibrillators (AED's) have been installed.

- **One is in West Beckham's old telephone box, next to the Bus Stop, close to the village sign**
- **The second is in East Beckham installed on the end of Manor Farm Barn opposite the East Beckham village sign**

Sudden Cardiac Arrest (SCA) is an electrical malfunction of the heart where the heart stops pumping blood due to an abnormal rhythm known as arrhythmia. As the individual loses pulse, consciousness and the ability to breath, they verge on death and can only be brought back to life in a very small window of time using a defibrillator or AED.

The Community HeartBeat Trust will be demonstrating the use of defibrillators and explaining how the equipment works. The AED's will benefit the community - saving precious minutes in the treatment of Sudden Cardiac Arrest.

The more people that know how to use the portable defibrillators, the more chance there is of saving a life. Everyone is welcome, and no special skills are required, just your willingness to play an important role in the event of a medical emergency.

Make sure you attend the meeting on Thursday 5th April. It could be a loved one or a total stranger that you help to save.

Refreshments will be provided.

[National Lottery & SCFund paid for our defibrillators]

The Christmas Bus that was laid on was used by a small selection of people, but if possible a 'special event' bus or taxi service maybe set up again. If you have any suggestions let us know?





VILLAGE CLEAN UP

Volunteers required to help pick up litter in West Beckham
Litter pickers and rubbish collecting bags will be provided

Gather at the Village Sign at 10am, Saturday 28th April



Remembering the old ways - can you help?

We have the opportunity to add three former roads and tracks to the map of public rights of way which, for one reason or another, were missed the first time round.

If you or your family have memories of using ;

- Mill Lane between Church Road/ Otter Lane, East Beckham and the A140
- the green lane from the top of East Beckham Common to Valley Farm House
- and Allotment Lane, West Beckham, from the end of the houses to the A140

please contact me with your memories.

Please phone Julia Dovey 01263 825457 or write to me at The White House (the old Fighting Cocks) Church Road West Beckham NR25 6NX



Felbeck Trust Appointed

An agreement has been set up with this local conservation group (Reg. Charity 1169619) to maintain and improve the Village Green West Beckham and the East Beckham Common. Their volunteers and experts are already working, with brilliant results, at Sustead Common. The Parish Council have voted that the Felbeck Trust will continue with the work The Conservation Trust (TCV) started for us. The Trust will respect the nature and improve habitat for wildlife to feed, breed and shelter. As the areas are valuable public amenity spaces it will also encourage any visitor to enjoy nature at close-quarters.



Need help seeing round corners?



450mm or 600mm diameter mirrors (suitable for a viewing distance of 5m or 11m respectively) are available for domestic use from driveways when blind spots hinder exits. These mirrors are in a sealed moulded acrylic shell with integral anti glare hi visible hood. Simple and precise vertical/horizontal adjustments are possible. Available on line from theworkplacedepot.co.uk from only £27.55 including delivery (not including mounting post).



Those residents who went to the Christmas Lunch at the Wheatsheaf Pub in December had super time and the meal was a great success. Remember, The Beckham Socialites meet regularly, once a month for lunch at the Wheatsheaf Pub. If you haven't been before, please come and meet up with others. It's definitely worth it.

Ask at the Wheatsheaf for details. Telephone 01263 822110



ROYAL WEDDING INVITATION

SATURDAY MAY 19TH

BODHAM AND BECKHAM VILLAGE HALL

Come and join us for a local celebration. Please bring a plate of food (to be part of the buffet) and your own drinks.

We will be showing live on the big screen

"THE ROYAL WEDDING FROM WINDSOR CASTLE."

The Hall will be open from 11.00am on Saturday May 19th (wedding takes place from 12 noon). Any further details can be obtained from Peter & Jackie Bedell 01263 588743. Look forward to seeing you.



Bodham & Beckham Horticultural Show

The 2018 main show will take place in the Village Hall on

Saturday 28th July

A FREE Children's workshop

~ Scarecrows and Miniature Seed Gardens ~
will be held in the Hall on

Saturday 21st July

(Parents are required to be in attendance)

Full show schedules will be available from beginning of June outlining all classes, timing, entrance fees and many prizes. This show is open to everybody and if you have just one rose or one vegetable, you think is worth entering - please do! The more people who enter the more fun it will be.

Further information can be obtained from
Sarah Fulluck on 01263 588385 or Pauline Harmer on 01263 588738



During the Spring and Summer 2017 (& this year) we asked the Norfolk Wildlife Trust and their volunteers to survey wildflowers in the Churchyard and Cemetery at St Helens and All Saints Church (along with others they surveyed in the county). The results are available for you to see in a full report posted on our website:

eastandwestbeckham.org The photos, left, (taken in August) show the lovely Harebells growing in profusion in the churchyard and the inset photo is of Meadow Saxifrage found growing in the cemetery in May.



Saturday, June 2nd 'Open Garden' fund raiser at **The Old Rectory** next door to the Church. The Church's roof is in need of work and costs are high. Please go along and enjoy the garden to help.

Allotments in East Beckham (opposite The Loke)

If you would like an allotment, there are spaces available. The cost of an allotment for residents for a year is currently £10. Next year - April 2019 to 2020 the cost will increase to £20 per plot. New Contracts will be issued.

The standard plot is 80 feet x 30 feet but smaller or multiple plots are possible. All enquiries to John Stibbons (Parish Clerk). 2018 - 2019 rent payable to Kathryn Lord or John Stibbons please.

In 2018 the allotment track, car park and entrance is to be reviewed and tackled. Currently the track is subject to deterioration by traffic, especially during times of dry or very wet weather. Investigations by the SCFC have shown a longer term solution to be costly and so further funds will need to be gathered to finance this project.

There are ongoing debates relating to water provision. Currently it is more likely a scheme to capture rain water would be adopted, rather than any 'mains water tap'. This is environmentally more friendly and allotment costs would be unreasonable if mains water had to be paid for.

The **Solar Community Fund Committee** is open to all Parishioners from East and West Beckham. Why not join us? We would really like more volunteers to help get things done and put your views. We have completed many of the suggestions raised by the initial consultation so why not influence 'WHAT NEXT?' We meet every other month in Bodham and Beckham Village Hall, on a Thursday, from 7PM for about an hour or so. Please contact Julia Dovey (chairperson) or Kathryn Lord (secretary). **Meetings are scheduled April 12th & June 14th**

Parish Councillors:

We still have a vacancy for one Parish Councillor for East and West Beckham. If you are new to the Parish don't worry - it is still possible to be a candidate. If you are interested to offer your services contact our Clerk or one of the Councillors.

Contacts

- ❖ Julia Dovey 01263 825457 jld@postmaster.co.uk The White House, The Street, West Beckham
- ❖ Kathryn Lord 07711070417 kathryn.lord@me.com 2 Hall Farm Cottages, Church Rd, West Beckham
- ❖ John Stibbons 01263 577397 johnstibbons@gmail.com (Parish Council Clerk)